



Participant Guide



Solana Beach Presbyterian Church, Christ Presbyterian Church, The Crash (Colorado), First Presbyterian Church Oceanside, Mi Paz (Rosarito), Pueblos Hermanos (Baja), Team Hoehn Motors, Boy Scouts, other friends, and Amor Ministries

Anchored in Hope, the Hope of Jesus

"We have this hope as an anchor for the soul, firm and secure. This hope enters the ...inner sanctuary behind the curtain [on the cross], where Jesus gave his life for us." Hebrews 6:19-20

*****Passports REQUIRED!**

COME BUILD HOPE 2017

“Anchored in Hope, the Hope of Jesus”

Dear Hope Builder,

I'm drawn to the water. I swim laps at the Y and walk on the beach. I don't know much about boating, but I do get the point of anchors. Floating on a constantly moving surface, boats need a point of stability. That's what an anchor is for. The same holds true for our lives. In a constantly moving world, our souls need a point of stability. We need a firm hope, a hope that enables us to live today with optimism and determination.

We at Solana Beach Pres have found in Jesus a faithful friend and an anchor of hope. He gave his life on the cross so that we and all people might know a hope-filled life that lasts forever. This hope-filled life is not to be safely tucked away in a cozy harbor. Jesus sends us out, a little flotilla of love, to help others find a greater hope in their lives.

That's what Come Build Hope is all about. In the past 10 years, these little flotillas from our church have joined hearts and hands with Mexican families to build together almost 200 homes. Each home provides a weather-proof point of stability for a wonderful family, a place that promotes physical health and family unity.

As a team of several hundred, we will head south on Friday evening, May 26. Many of us will be strangers to each other. On Saturday morning, we'll begin to build hope with our Mexican families. By the time we return on Sunday afternoon, you will have made many new friends among your American teammates. We also will have built hope, a point of stability, with around 15 Mexican families. You will be dirty and tired. But your heart will be overflowing with joy and memories that last a lifetime!

I'm so glad you're on board our happy flotilla of hope. Can't wait to serve with you.

Anchored in Hope,

Tom Theriault
Outreach Pastor
Solana Beach Presbyterian Church

COME BUILD HOPE MISSION TRIP 2017

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“Anchored in Hope, the Hope of Jesus”

COME BUILD HOPE 2017 COVENANT AGREEMENT

Building homes in Baja, Mexico is a privilege for members and friends of Solana Beach Presbyterian Church. We are going to Mexico to serve. We want to avoid doing anything, as a group or as individuals, that would compromise, endanger, or jeopardize our mission trip. We want to be clear about our motives, purposes and intentions before we leave for Mexico. We welcome your commitment to the following guidelines and to helping us make a big difference in the lives of those we serve.

Your Attitude:

- Be positive and flexible.
- Be open to working hard.
- Be open to making new friends on your team.
- Be open to learning more about serving others.
- Build a bridge to the families we serve.

Your Actions:

- Come with a servant's heart.
- Be safe! Work safe!
- Have fun! Make a big difference in the lives of others.
- Abide by the dress codes on the building site and campsite.
- "Quiet Hours" are from 10:00 PM until 6:00 AM.
- No iPods, MP3 Players, CD players or radios.
- This mission trip is drug and alcohol free.

BORDER CROSSINGS

Passports/IDs:

- Passports or Passport Cards are mandatory, all ages, no exceptions.

Entering Mexico:

- Do not bring fresh fruit, alcohol, illegal drugs, guns or fireworks into Mexico.
- Bring only your tools and your personal gear.

Re-entering the USA:

- Do not bring fresh fruit, alcohol, illegal drugs, guns or fireworks into the USA.
- Return to the USA with only the tools and personal gear you brought to Mexico.

SAFETY AND ATTITUDE TIPS

Safety: Our # 1 Concern

- Pace yourself! Don't overwork, especially on the first day.
- Trade off doing the various jobs. Take frequent rest breaks.
- Safety First! Look for dangerous situations, correct them and report them to your Foreman.
- Use extreme caution when climbing, sawing, pulling, carrying, and lifting.
- Buddy up! Never leave your casa build site alone.
- Wear gloves when working with rough wood or metal products.
- The sun will be hot and intense. Wear sunglasses. Wear a hat. Use plenty of sunscreen.
- You can't drink enough water. Drink water at least once an hour.
- Lifting! Use your legs, not your back. Ask for help.
- Heights! Don't put yourself or those below you at risk.
- Don't leave any tools or materials in high places where they might fall on those below.
- Injuries! Report all injuries to your build site foreman immediately

Attitude: Our Attitude Will Make a Big Difference.

- Change! Expect significant and frequent changes. Be flexible. Stay flexible.
- Humility! Come with a servant's heart. We are the invited guests of those we serve.
- Judgment! You will see conditions that are different. Don't rush to judgment. Accept the differences.

FOOD AND BEVERAGES

Food and beverage service:

- Friday: Snacks and water will be available on the bus.
- Dinner at the camp site upon arrival. Camp fire snacks at night.
- Saturday: Breakfast buffet. Assemble your sack lunch. Buffet dinner. Campfire snacks.
- Water and Gatorade will be provided at the casa build sites.
- Sunday: Breakfast buffet. Assemble your sack lunch. Snacks and water on the bus trip home.
- Bring a refillable (and labeled) water bottle.
- Bring hand wipes or Purell.
- Bring additional personal snacks or beverages if desired (no fruit).
- Please share required special diet needs with the Mission Trip Registrar.

PERSONAL ITEMS: WHAT TO BRING?

Note: Due to remodeling of the San Ysidro border crossing, this year participants will bring their luggage with them, as we will not be able to use the luggage trucks.

Personal Packing List: For the Camp Site:

- Sleeping bag, blanket, and pillow
- Air mattress if desired (foam ground pads will be provided)
- Toiletries (toothbrush, toothpaste, brush, soap, and shampoo)
- Bathing suit (no bikinis) and cover for showers
- Warm clothes for evenings
- Towel and wash cloth
- Jacket and/or hooded sweatshirt
- Solar shower and shower flip flops
- Camp clothes (shorts OK)
- Camp shoes
- Flashlight
- Bible, journal, and pen
- Rain gear (we build - rain or shine)
- Ear plugs

Personal Packing List: Your Day Pack

- Camera
- Handy Wipes or Purell, and hand lotion
- Sunscreen, sunglasses and hat/visor
- Water bottle (labeled)
- Work clothes (no dresses, shorts, Capri's, or tank tops) on the job site
- Passport (or birth certificate if 19 and younger)
- Work gloves and work shoes
- A fanny pack or back pack

Do Not Bring:

- Alcoholic beverages or Illegal drugs
- Camp chairs (they are provided)
- Clothes that are revealing or have objectionable logos
- Blow dryers or curling irons
- iPods, CD players, and radios

Note: Clearly label your personal items and your tools with your name

CAMPING

The Amor Camp Site:

- An open field in Rosarito about two blocks from the ocean.
- Participants will be tented in 2-4 person tents in team clusters.
- Do not enter other church campsites without permission.
- Camp site security will be provided 24/7.
- Participants are expected to remain in the campsite. No trips to the beach or town.
- Sandals, shorts and tank tops are permitted in the campsite. Dress modestly.
- Please keep the campsites clean. We will leave only our footprints.

The Bathrooms:

- Porta potties at the campsite.
- Family toilet facilities at the work site
- Toilet paper is provided

Showers:

- Male and female shower facilities are provided.
- Bring a solar shower (optional).
- Shower water to fill your solar shower bags or water buckets is provided.
- Bathing suits are worn as shower attire.
- Flip flops are recommended.

Quiet Hours:

- Quiet hours are from 10:00 PM until 6:00 AM.
- Quiet conversation within the campfire area only.

WORK SITE: EXPECTATIONS AND TOOLS

The Work Site:

- Your on-the-job safety is our # 1 priority.
- A light colored t-shirt, long pants and a pair of shoes is required.
- Shorts, tank tops, Capri's, sandals and going shirtless are not permitted.
- Encourage the family and neighbors to work with your group.
- No power tools of any kind may be used on the job site.
- Pace yourself. Drink lots of water.
- Build Unity: With your team! With your family! With the community!
- End each day with a time for tool pick-up and site clean-up.

Personal Tools:

- Have tools? Bring them. If not, tools will be provided
- Hammer (16 oz. finishing or 20 oz. framing)
- Wide, black magic marker
- Carpenter knife (box cutter + blades)
- Short cross-cut saw (optional)
- Work gloves
- Sturdy shoes/boots (No sandals or flip-flops)
- Nail apron or tool belt
- Carpenter pencil(s)
- Hat (full brim)
- Tape measure

Note: Clearly label your personal items and your tools with your name.

IN CASE OF EMERGENCY

In case of emergencies:

- Report all injuries or accidents immediately.
- Doctors and EMT personnel will be available.
- Emergency communications will be available.
- Amor Ministries emergency phone number: 619-662-1200 ext. 8
- Site foremen will have emergency cell phone and/or radio contact.

DAILY SCHEDULE OF EVENTS

Come Build Hope 2017: Memorial Day Weekend

Friday May 26	3:30-4:30 PM	Load buses, luggage, and equipment
	4:30 PM	Buses/trucks leave SBPC
	6:30 PM	Arrive at camp, eat & community camp fires
	10:00	Lights out and Quiet Time until 6:00 AM
Saturday May 27	6:00-7:00 AM	Wake up
	6:30-7:30	Breakfast & make lunches
	7:15	Prayer Team Gathering
	7:30	Foreman and MTL Huddle
	8:00	Buses leave camp site
	8:30-9:00	Meet family, prayer and plan
	9:00	Casa Build
	12:00 PM	Lunch & Team reflections
	12:30	Build: Walls up. Roof started. Tar paper hung.
	5:30	Leave for camp site
	6:00	Arrive camp site. Showers
	7:00	Dinner
7:45	Mega-group camp fire & fellowship	
10:00	Lights out and Quiet Time until 6:00 AM	
Sunday May 28	6:00-7:00 AM	Wake up
	6:30-7:30	Breakfast, make lunches and pack
	7:00	Prayer Team Gathering
	7:00	Foreman and MTL Huddle
	7:30	Buses leave camp site
	8:00	Pray and build a casa
	12:00 PM	Lunch and Team reflections
	12:30	Build: Roof done, doors & windows installed, chicken wire, 1st coat of stucco on the walls
	3:30	Dedication, tool and work site clean up
	4:00	Depart for USA
	7:00-8:00	Arrive at SBPC

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